

## Robert W. Kessler, M.D., F.A.C.S.

What do you see when you look in the mirror? Perhaps you long to look as young as you feel, but are apprehensive about undergoing surgery. Or maybe you are frustrated by figure flaws that simply have not responded to diet or exercise, and are unsure what your options are. The truth is, the aging process is complex and every patient's needs and goals are different. That's why you need a doctor who not only listens to your concerns, but also partners with you to find the best options to help you achieve the results you want. That's why you deserve a caring, experienced surgeon like Dr. Robert Kessler.

Double board certified in general and plastic surgery, Dr. Kessler is a New York native whose education, advanced training and humanitarian endeavors have brought him national and international recognition. Because of his expertise in facial plastic surgery, breast and body contouring he has also been called upon as a surgical consultant and surgical assistant on ABC's *Extreme Makeover*. Formerly in private practice in Beverly Hills, today, Dr. Kessler oversees a thriving private practice in Newport Beach, where he spends his days doing what he enjoys most: transforming people's appearances and their lives.

"When it comes to facial rejuvenation, my philosophy is to achieve a natural result with every surgery and procedure. I want to help patients look like younger versions of themselves, while still retaining the facial characteristics that are uniquely theirs," says Dr. Kessler.



Dr. Kessler understands how important communication is to the success of a procedure,

which is why his emphasis is on the doctor/patient relationship. He understands the quality of communication between patient and doctor sets the pace to successfully achieve the task at hand. He also believes in empowering patients through education – as his patient you will understand all aspects of the recommended procedure, the reasoning behind it, and have a clear picture of what to expect before, during and after treatment.

"I spend a lot of time during the consultation process so that I can thoroughly understand what a patient wants to achieve," explains Dr. Kessler. "It's my job to give them all the information they need to make an informed decision about the treatment plan that will achieve their goals."

While clearly a gifted surgeon, Dr. Kessler is more than that. He's also a committed husband and father, a dedicated humanitarian, and a talented artist who uses each surgical procedure as an opportunity to create beauty. Dr. Kessler knows how important self image is, and has given his time and talent to correcting cleft lips and palates for children in Ecuador. Respected by his peers, Dr. Kessler is called upon to lecture nationally and internationally on topics of facial rejuvenation, breast surgery and body contouring after massive weight loss. Whether he's performing a face lift, breast augmentation, body contouring, or non-invasive rejuvenation procedure, Dr. Kessler's focus is always on utilizing the most advanced techniques to attain the best patient outcome, including minimal bruising and shortened recovery times, so you can get back to the activities you enjoy.

Making the decision to have cosmetic surgery is highly personal and finding the right doctor is essential. Partnering with a physician who possesses the skill, experience and compassion to make your dreams a reality is imperative. When you find a physician with these qualities, the results you attain can have a positive impact on every area of your life.



"I love seeing people blossom, and watching their confidence and self image improve," says Dr. Kessler. "The change on the inside is often so much more dramatic than the change on the outside – that's what I find most rewarding."

### EDUCATION

MD: Tufts University in Boston

General Surgery Residency: North Shore/NYU in New York

Plastic Surgery Residency: US Air Force, University of Texas

Advanced Fellowship Training in Facial Aesthetic Surgery

### MEMBERSHIPS

Council Member, California

Society of Plastic Surgeons

Public Education Committee of the American Society of Aesthetic Plastic Surgeons

American Society of Plastic Surgeons

Fellow of the American College of Surgeons

American Society of Aesthetic Plastic Surgery

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